

Dear Parents/Guardians & Students,

Welcome to Hopkinton Middle School! We hope that you are looking forward to beginning the journey of middle school: a new building, new teachers and new activities. The transition to a new school is an exciting, anxious time. To make everyone feel more comfortable with the change, we created a Salute to Seventh Graders orientation program -- a day in the middle/high school just for seventh graders. You will have a chance to meet the faculty and get to know your way around the building. This pamphlet describes the program for the day. It also includes information and ideas to help students successfully begin middle school.

We hope you give us the chance to SALUTE you on August 19, 2013!

Have a great rest of the summer,  
Mr. Kelley and Mrs. Gagnon

Goals for the day are:

- ✓ Help 7th graders feel comfortable with the important changes occurring in their lives.
- ✓ Provide an opportunity for students and staff to meet and get to know one another.
- ✓ Foster a sense of cooperation and teamwork.
- ✓ Help seventh graders sleep better on Aug. 26th.
- ✓ Have fun.

Please RSVP to:

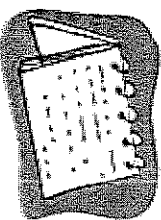
dbernatas@hopkintonschools.org.

 Ideas from our staff to help students successfully begin their middle school careers:

- ✓ Visit the school as often as possible to become familiar with the surroundings.
- ✓ Practice organizing your belongings.
- ✓ Enjoy your vacation time and rest up to come back to school.
- ✓ Work on the multiplication tables for numbers 1-12.
- ✓ Practice mental math by estimating and rounding.
- ✓ Read as often as possible—at least a few times a week. It doesn't matter if it's a magazine or Harry Potter—even the dictionary is fine—whatever suits you!
- ✓ Be as active as possible! Make use of the nice weather by swimming, playing a sport, hiking, or just playing in the backyard.
- ✓ Be ready to try new activities!

 Ideas for parents to help their middle schoolers succeed:

- ✓ Create a study area and plan a routine to help with the completion of daily tasks.
- ✓ Make your home a learning center for your child with sources such as books, word games, and magazines readily available.
- ✓ Beat procrastination! Encourage your child to start projects early, breaking larger tasks down into smaller ones.
- ✓ Monitor and reward progress: keep up with your child's progress by reviewing the parent portal on a daily basis, communicating frequently with your child as well as communicating with your child's teachers.
- ✓ Make and enjoy meals as a family. The University of Michigan published a study that found the greatest predictor of academic and social success at school to be connectedness of the student to the home. This includes families playing games and sharing meals together.



## Salute to 7th Graders Schedule of Events

### 8:00am: Arrival

Students can be dropped off at the front of the building and will meet in the cafe to register and receive a t-shirt.

### 8:15am: Welcome

Mr. Kelley and Mrs. Gagnon will welcome the students to their new school, the home of the Hawks.

### 8:30am: Breakfast

### 9:00-10:30am: Station Activities (below)

#### Meet & Greet:

Meet the administration and challenge them to a game of Dodge Ball!

#### Tour/Meet with Guidance:

Get to know the Guidance Department staff.  
Take a brief tour of the building. Test your speed at opening your locker!

#### Team Building:

Students will meet with Mr. Chase to participate in a team building activity.

### 10:30am: Group Photo

### 10:45am: Departure

Students can be picked up at the front of the building where they were dropped off.

#### Notes:

Please wear comfortable shoes as some of the activities will require a moderate level of activity.

In the event of inclement weather, an adjusted program will take place inside the school.

Below is a list of supplies  
needed on the first day  
for your big leap into the 7th grade:

- v Pencils (2 boxes)
- v Pens (1 box of blue or black)
- v Colored pencils
- v Erasers (pencil cap erasers)
- v College-ruled filler paper (4-5 packs)
- v Hand-held pencil sharpener
- v 4 Three ring binders (1" size)
- v 2 Index card packs & large rings to bind cards
- v 2 Tabbed notebook dividers (5 tabs per set)
- v 4 Non-stick book covers (Paper bags from the supermarket also work!)
- v Calculator
- v Protractor (to be used mid-year)
- v 1 Small box of sheet/page protectors
- v 1 Box of tissues
- v 1 Pump bottle of hand sanitizer

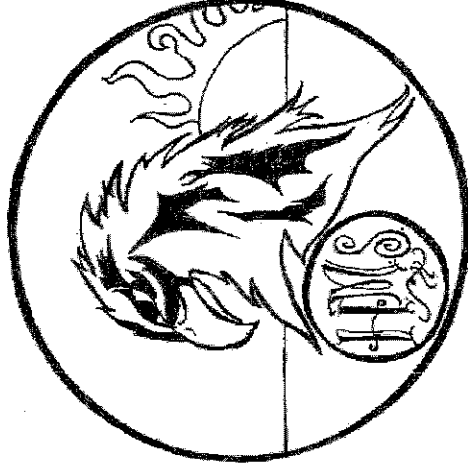
#### Notes:

- Some of these supplies can be kept at home during the year and brought to school when needed for special projects and assignments.

## Important 2013 Dates to Remember:

Aug. 19	Salute to Seventh Graders
Aug. 26	Middle school sports begin
Aug. 26	First day of school!
Sept. 12	MS/HS Open House
Sept. 22-27	Environmental Camp
Sept. 27	MS Homecoming Dance

# Hopkinton Middle School



*Salute to Seventh Graders*

Hopkinton Middle/High School  
August 19, 2013

8:00 am - 10:45 pm

Christopher M. Kelley

#### **Principal**

Rebecca Gagnon

#### **Assistant Principal**

Corrine Lajoie

#### **Guidance Director**

Mitch Taranow

#### **Guidance Counselor**