

HOPKINTON MIDDLE HIGH SCHOOL

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New Hampshire Department of Health and Human Services Norovirus Advisory

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We have had several cases of a stomach bug, also known as norovirus throughout our school community. This virus is very contagious and easily transmitted from person-to-person. The New Hampshire Department of Health and Human Services has sent an advisory to schools regarding this virus.

Their recommendations include:

- Excluding all symptomatic individuals from school/work until a full recovery.
- Practice frequent hand washing by all students and staff.
- Wash hands after contact with infected individuals, on leaving affected areas or before handling food or drinks.
- Clean frequently handled objects such as door handles and railings

The Hopkinton School District procedure for the specific symptoms of this virus include:

- Exclusion from school for 24 hours once vomiting and diarrhea have stopped.
- Exclusion from school with a temperature greater than 100 degrees.
- No Tylenol or Motrin to reduce a fever for 24 hours before returning to school.
- A student must be able to eat all meals before returning to school following vomiting/diarrhea.

The Norovirus Fact Sheet can be found on the N.H. DHHS web site:
(dhhs.nh.gov/dphs/cdc/documents/norovirus.pdf)