



Important Open Enrollment Notice

Your open enrollment period has begun! Changes or additions may be made to all of your benefits with New Hampshire Local Government Center HealthTrust (LGC HealthTrust) only during this limited timeframe. **It is your responsibility to notify your employer of any changes regarding the events noted below. Please contact your Personnel or Human Resources Department immediately if you:**

- Have changed your address or phone number.
- Have divorced or legally separated.
- Are receiving Medicare benefits for yourself or any family member due to a disability.
- Wish to enroll yourself and any eligible family members.
- Wish to enroll your spouse or civil union partner.
- Wish to enroll a newly added family member (e.g., due to birth or adoption).
- Wish to add a dependent child turning age two to your dental plan.
- Wish to enroll a dependent child who is between 19 and 26 years of age.

Notice of Opportunity to Enroll Dependent Children Under Age 26

Children whose coverage ended, or who were denied coverage (or were not eligible for coverage), because the availability of dependent coverage of children ended before attainment of age 26 are eligible to enroll in your employer's group health plan offered through LGC HealthTrust. If eligible, you may request enrollment for such children until July 31, 2011. Enrollment will be effective as of July 1, 2011. For more information contact your employer's Personnel or Human Resources Department.

Primary Care Provider (PCP) or Ob/Gyn Provider Selection

LGC HealthTrust Matthew Thornton Blue (HMO) and BlueChoice (POS) plans generally require the designation of a PCP. You have the right to designate any PCP who participates in Anthem Blue Cross and Blue Shield's (Anthem's) network who is available to accept you or your family members. For children, you may designate a pediatrician as the PCP. You do not need prior authorization from LGC HealthTrust or Anthem or from any other person (including a PCP) in order to obtain access to obstetrical or gynecological care from a health care professional in the Anthem network who specializes in obstetrics or gynecology. The health care professional, however, may be required to comply with certain procedures, including obtaining prior authorization for certain services, following a pre-approved treatment plan, or procedures for making referrals. For information on how to select a PCP, and for a list of the participating PCPs and/or health care professionals who specialize in obstetrics or gynecology, contact Anthem at 800.870.3057 (for Matthew Thornton Blue) or 800.438.9672 (for BlueChoice).

Please note: Changes become effective July 1, 2011 provided that all forms are received by LGC HealthTrust during June 2011. Your employer may elect a July 1 or August 1, 2011 effective date for paperwork received during July 2011.